# STERLINK

#### QUEENSTOWN TOASTMASTERS CLUB MONTHLY NEWSLETTER



#### **President's Address**

Sin Tiong shared his vision to grow the members and the club for the second "S" growth curve. He told members that the new Club Exco has met and discussed the Club Success Plan for the term. He urged members to change their mindset towards their own learning to activate their own "S" growth curve. He was delighted that a few members returned to the first chapter meeting. He appreciated Shawn's initiative and effort on a bingo game to enable members to get to know each other better, during the installation night on 26 June. This brings warmth and increase the quality of our members' relationship with each other.



"Progress is impossible without the change in mindset and those who cannot change their minds cannot change anything."
George Bernard Shaw

### **Highlights of the Evening**

We fired off the term excitedly with three prepared speeches lined up for this chapter meeting.



An animated Sandra describing her stint in Cambodia during Project One.

Sandra Bérard made a fast start on her Toastmaster's journey by delivering her maiden speech, having just signed up as our member last month! She began with a quote by Albert Einstein: 'Learning is experience. everything else is just information', and that anchored her entire message. Armed with that mentality to acquire multi-cultural experiences, Sandra had since left home in France and worked in Cambodia and then here 3 years ago. With her personal experiences, she enriched us with a 3 fold takeaways for us from each phase of her life. Kudos for her use of the power of threes.

Gabriel Thia presented "Keep on Going" for his Project 5 "Work with Words". Persistency was his battle cry. To succeed in anything, we need persistency. He

reminded us that the Grand Canyon was cut out by the Colorado River over a long period of time through erosion. It was also a apt reminder that our Toastmasters journey requires persistence; so much so that he felt that running a marathon is the much easier thing to do.

And should we get stalled, we need to seek out our motivation again; what made us ticked, fired and charged up. The results would only release themselves fully to us when we don't quit.



Sibling rivalry began early in the womb for Gabriel and his twin brother Daniel.

Anne Nguyen persuaded us to "Let them do it" in her Project Nine. To help or not to help, that was her question.

Help can be harmful, if it robs the recipient of the chance to experience, learn and grow. To illustrate her point, she used the butterfly cocoon as an example. If we were to break the cocoon for the emerging butterfly, then the natural mechanism to squeeze her wings dry in order that it can take flight will be destroyed. It can never fly any more.

We couldn't help but be persuaded to be less helpful; not being helpful purposefully and objectively that's is.



"Think twice before helping someone. By helping, you are not helping the person to grow on his own"

~ Anne Nguyen

Table Topics fielded by Tracy Wong was weaved around the theme of this meeting: learning. We learnt much about learning and from the audience's personal experiences as well. Visitors also tried their hands at Table Topics.



Battle at the Table: Shriekanth (left) and Zi Jian (right)

## The Stars of the Evening



# **Special Thanks**

A Big Thank you to our Language Evaluator Jackie Lin from NUS TMC and Colin Chee from Hougang TMC.

Jackie introduced us the Word of the Evening "affable"; which means friendly, good-natured, or easy to talk to.





Colin wrought words of wisdom for Gabriel's attempt on Project 5 "Work with words" in his evaluation.

Also with us that evening were visitors Ronald Ruly, Zi Jian, Shriekanth Iyer and Anna Kuok. We hope to welcome you again at our next meeting.

# Happenings!

Mark you calendars for these events to enhance, enrich and enliven your learning:

- 1. Next chapter meeting: 17 August 2016, 7.15pm to 9.30pm. Let's be punctual.
- 2. Club Humorous Speech & Evaluation Contest: 31 August 2016, 7.15pm to 9pm.
- Our member serial marathoner Dr Manish Garg will be away in South Africa for 3 months, sent on official business his company. (Unofficially running away from his wife as I heard from some rather unreliable source).
   Jokes aside, you will be missed Manish.